

Blackstone River Bikeway

Blackstone River Bikeway Parking

Blackstone River State Park, Lincoln. Parking is available on Front St. (Route 123) at the flashing yellow light.

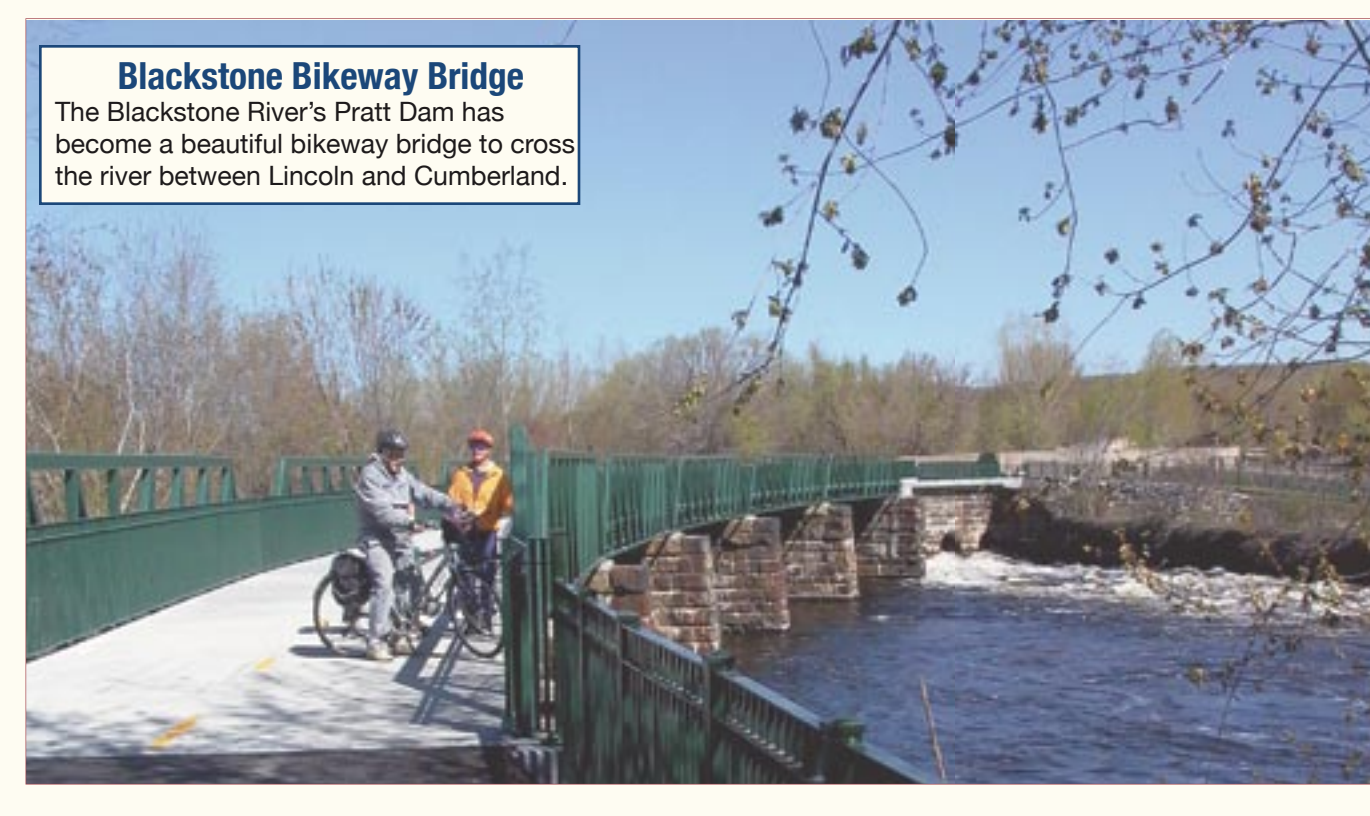
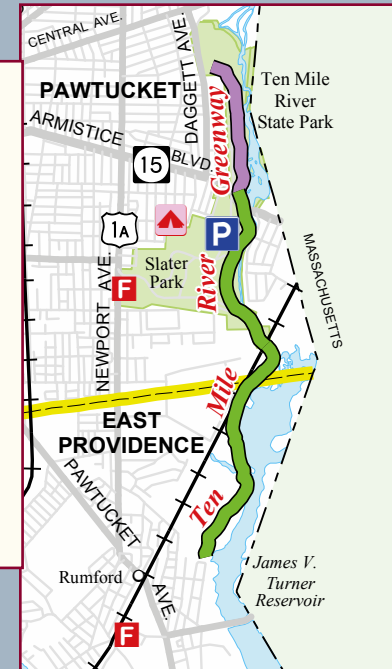
Route 116 parking area (George Washington Highway) Lincoln. Parking is available on Route 116 (George Washington Highway), about one mile east of Mendon Rd.

Kelley House, Lincoln. Parking at the northern end of Lower River Road, underneath the 116 bridge

Ten Mile River Greenway

RI DOT's newest bike path. Ten Mile River Greenway, extends from Kimberly Ann Rock Athletic Fields in East Providence to Slater Memorial Park in Pawtucket.

Parking is available at Slater Memorial Park, Newport Avenue, Pawtucket.

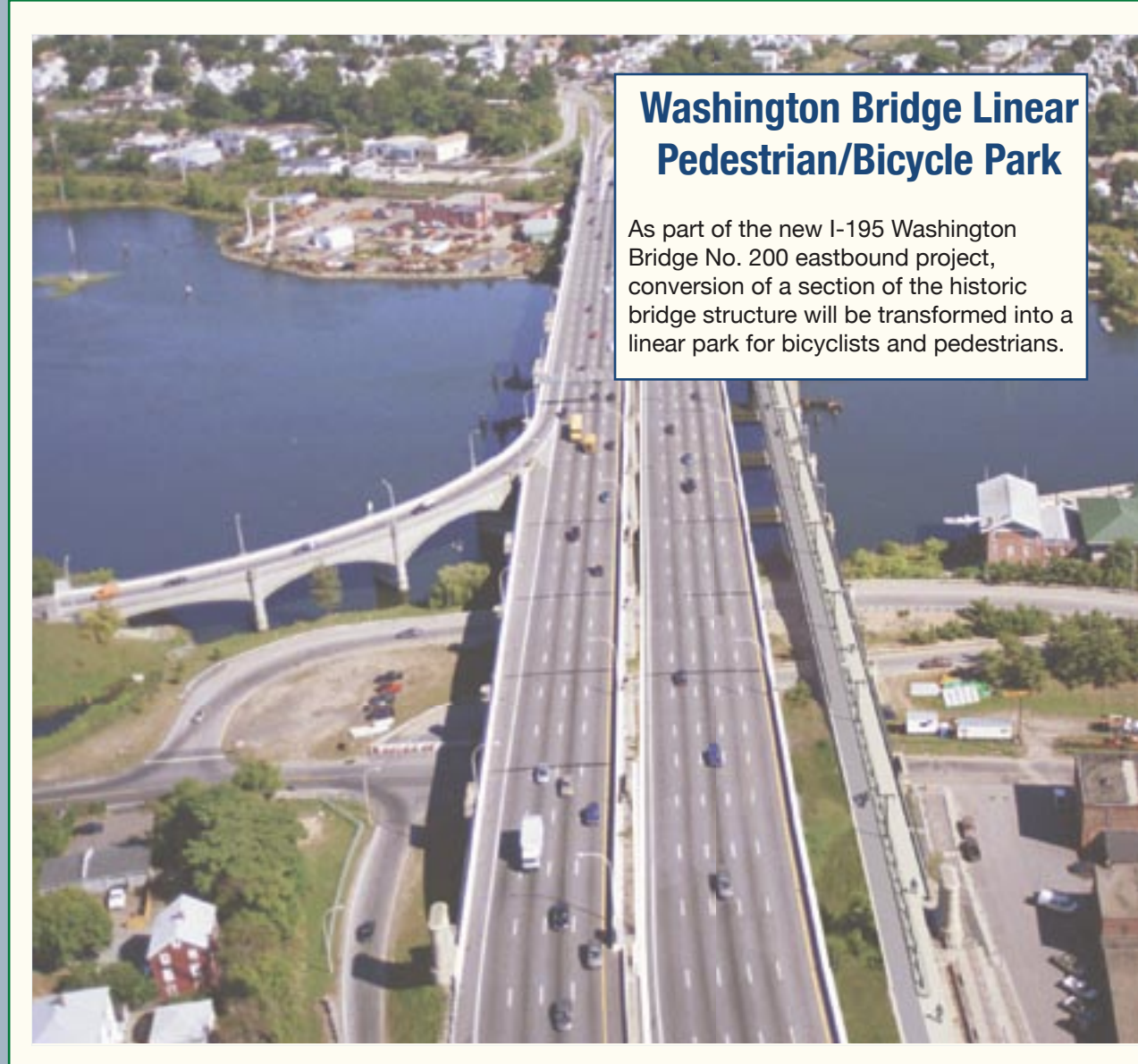


Blackstone Bikeway Bridge
The Blackstone River's Pratt Dam has become a beautiful bikeway bridge to cross the river between Lincoln and Cumberland.



RIPTA - Your Intermodal Connection

For bus route and schedule information call the Rhode Island Public Transit Authority (RIPTA) at 1-800-244-0444. RIPTA's Rack n' Ride Program has bicycle racks attached to the front of the bus. Loading and unloading bikes on the rack is easy and there is no extra cost for bringing your bike.



Washington Bridge Linear Pedestrian/Bicycle Park

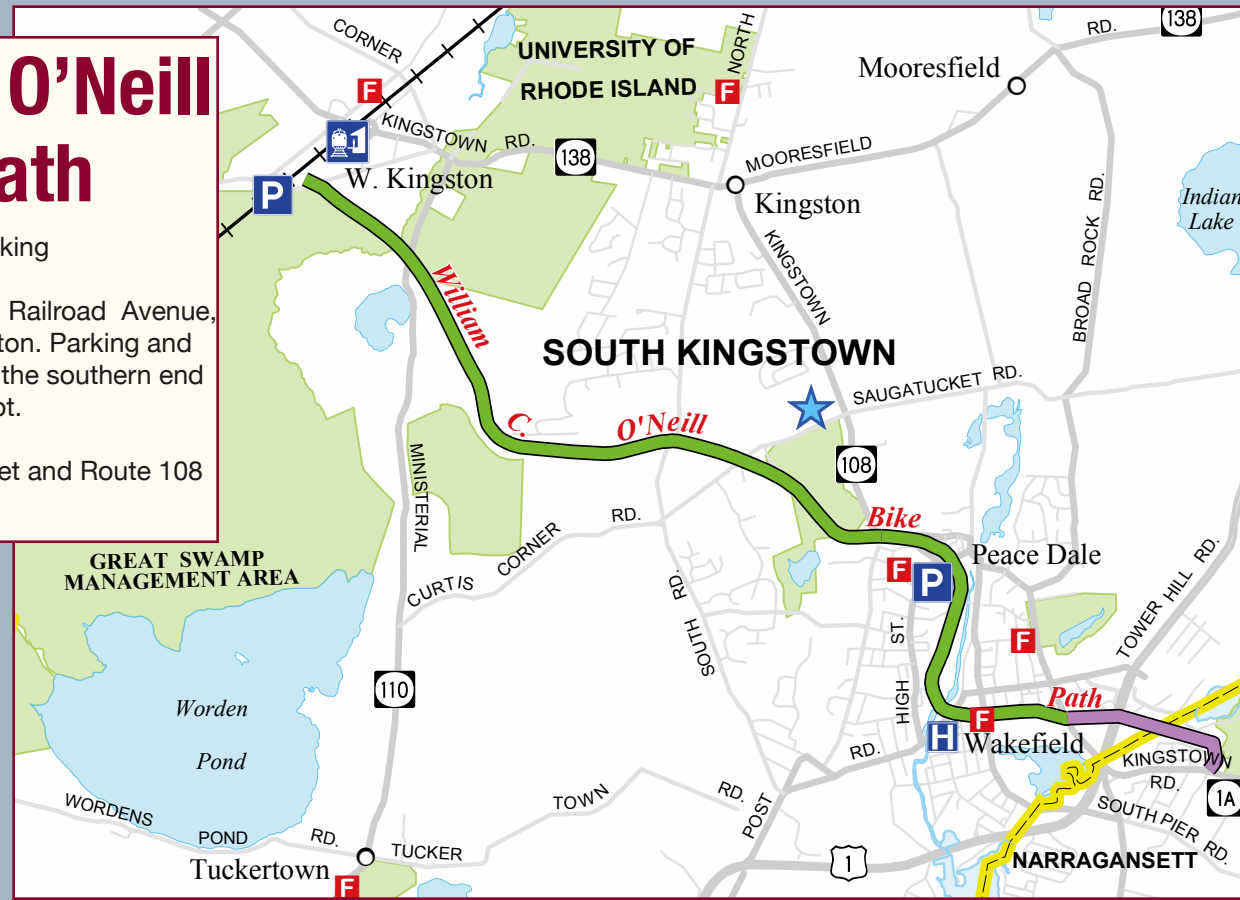
As part of the new I-195 Washington Bridge No. 200 eastbound project, conversion of a section of the historic bridge structure will be transformed into a linear park for bicyclists and pedestrians.

William C. O'Neill Bike Path

South County Bike Path Parking

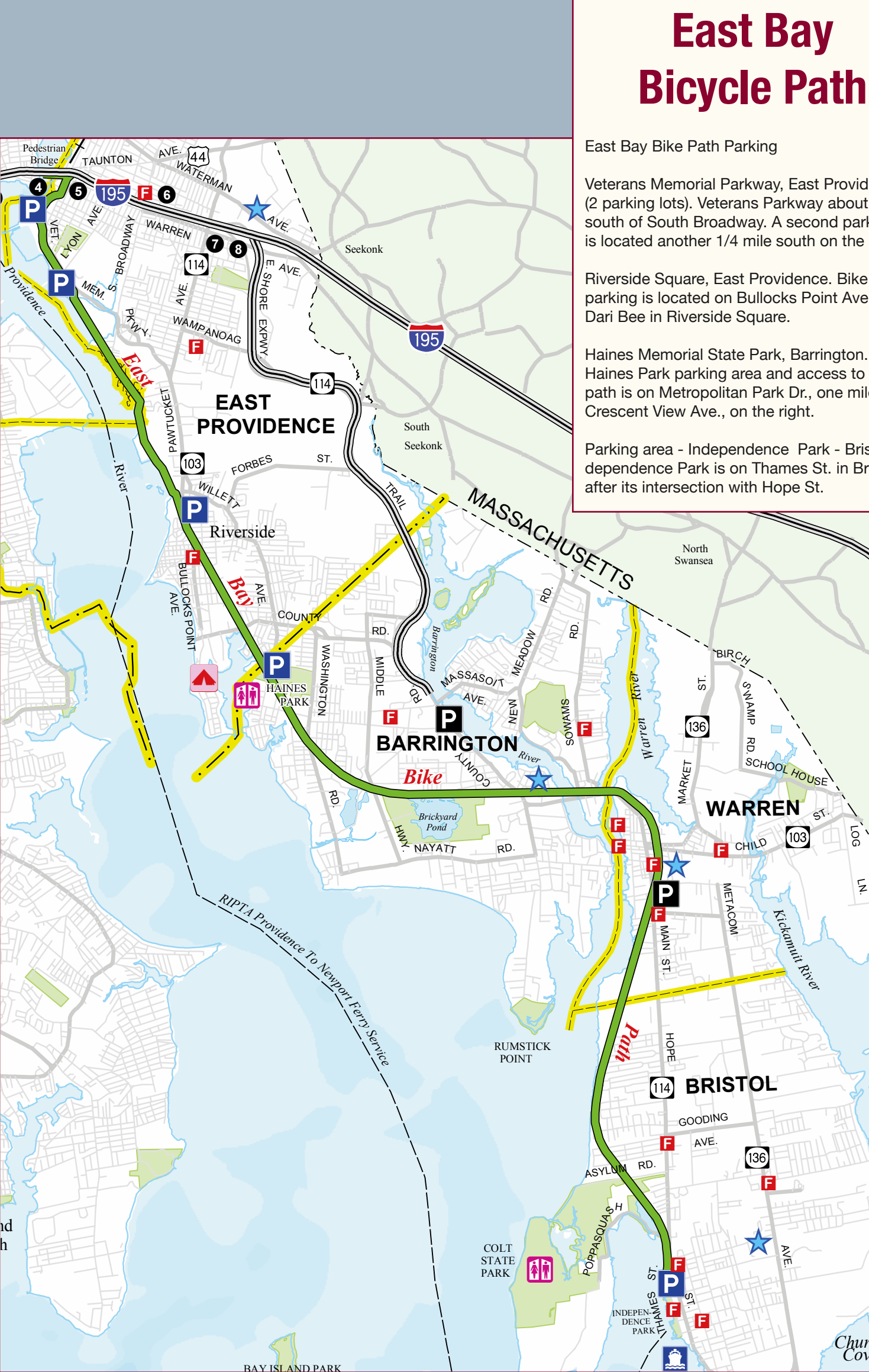
Kingston (AMTRAK) Station. Railroad Avenue, south of Route 138 in Kingston. Parking and entrance to the bike path at the southern end of the train station parking lot.

Intersection of Railroad Street and Route 108 in the Village of Peace Dale



Rules for Bike Paths

- Ride Smart
Ride according to conditions: traffic, pathway, weather, bicycle and fitness. Use caution on hills, under/over bridges, bends, and when pathway is busy.
- Ride Right/Walkers Keep Left
Cyclists: keep right except when passing or turning left. Sound your bell or call out a warning early, then pass safely on the left. Pedestrians: walk on left facing bicyclists.
- Be Visible
At night wear light-toned clothing with reflective tape material. Outfit your bicycle with lights and reflectors.
- In-Line Skating Rules
Skate to the right of the path or solid line. Ensure your stride does not cross the center of the pathway. In-line skaters are not allowed to skate within Colt State Park.
- Control Your Pet
On shared-use paths dogs must be on a leash no longer than 6 feet.



East Bay Bicycle Path

East Bay Bike Path Parking

Veterans Memorial Parkway, East Providence (2 parking lots). Veterans Parkway about 1/4 mile south of South Broadway. A second parking area is located another 1/4 mile south on the right.

Riverside Square, East Providence. Bike path parking is located on Bullocks Point Ave. next to Dari Bee in Riverside Square.

Haines Memorial State Park, Barrington. The Haines Park parking area and access to the bike path is on Metropolitan Park Dr., one mile from Crescent View Ave., on the right.

Parking area - Independence Park - Bristol. Independence Park is on Thames St. in Bristol, just after its intersection with Hope St.

Bike Rhode Island Directory

AMTRAK 1-800-872-7245
Website www.amtrak.com
BikeRI website www.dot.state.ri.us/webtran/bikeri.html
Block Island Ferry Service Information 401-783-4613
Website www.blockislandferry.com
Jamestown Newport Ferry 401-423-9900
Website www.conanmarina.com
Commute by Bike www.bikedowntown.org
Challenge Cycling - Handcycling information, handcycles availability for children and adults: www.challengecycling.org
EMERGENCY (POLICE, FIRE, RESCUE) 911
Greenway Alliance of RI www.rigreenways.org
Massachusetts Bay Transportation Authority Commuter Rail 1-800-392-6100
Website www.mbta.com
Narragansett Bay Wheelmen Website www.nbwclub.org
R.I. Department of Environmental Management: Division of Parks and Recreation 401-222-2632
Website www.riparks.com
R.I. Department of Health www.health.state.ri.us
R.I. Public Transit Authority: 401-781-9400
or 1-800-244-0444
Website www.ripta.com
R.I. Tourist Information: 401-222-2601
Website www.visitrhodeisland.com
R.I. Department of Transportation: Bicycle Program Coordinator 401-222-4203 ext. 4042
Email schurch@dot.state.ri.us

Crossing Rhode Island's Major Bridges by Bicycle

Mt. Hope Bridge: Experienced riders should use EXTREME CAUTION if cycling on the Mt. Hope Bridge, connecting Bristol and Portsmouth.

Jamestown/Verrazano Bridge: Bicycles currently cannot access this bridge as they are not permitted on limited access highways (Route 138 in this area is a limited access highway).

Pell (Newport) Bridge: Bicycles not permitted.

Sakonnet River Bridge (Rte. 24): Bicycles not permitted.

IMPORTANT!!!: Contact RIPTA for bus schedule information if you are traveling by bicycle from North Kingstown or Jamestown to Newport and enjoy the convenience of RIPTA's Rack n' Ride Service. Also, bicycles are permitted on the RIPTA Providence to Newport Ferry service!

Washington Secondary Bike Path

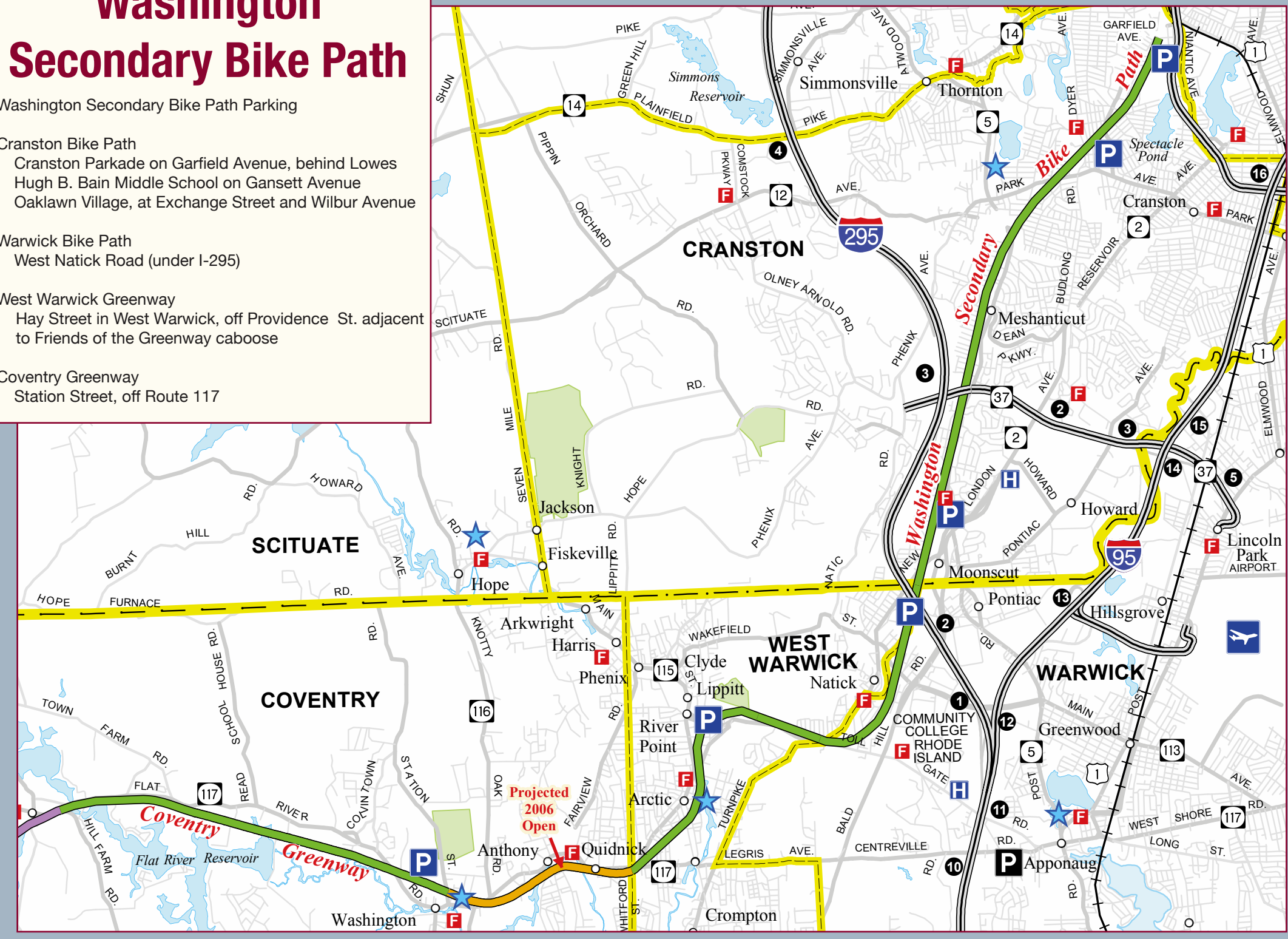
Washington Secondary Bike Path Parking

Cranston Bike Path
Cranston Parkade on Garfield Avenue, behind Lowes
Hugh B. Bain Middle School on Gansett Avenue
Oaklawn Village, at Exchange Street and Wilbur Avenue

Warwick Bike Path
West Natick Road (under I-295)

West Warwick Greenway
Hay Street in West Warwick, off Providence St. adjacent to Friends of the Greenway caboose

Coventry Greenway
Station Street, off Route 117



Share the Road

- Obey Traffic Signs and Signals
Bicycles must obey all the Rules of the Road. Cyclists have the same privileges and duties as other vehicles.
- Use Hand Signals
Signal all turns and stops ahead of time, shoulder check, then make your intended move only when it is safe to do so.
- Share the Road
These signs are located in areas where roadways narrow and bicyclists are riding in the travel lane.
- Make Eye Contact
Establish eye contact with motorists to ensure that they know you are on the roadway.
- Scan the Road Behind
Shoulder check regularly and use a mirror to monitor traffic.
- Use Appropriate Lane
Avoid being in a right turn-only lane if you plan to proceed straight through. Move into the straight-through lane early.
- Be Careful at Intersections
Watch for turning vehicles.
- Beware of Car Doors
Be wary of parked cars. Motorists can unexpectedly open doors. Be particularly careful if you see a motorist in the car. Ride a car's door width away.
- Ride in a Straight Line
Avoid dodging between parked cars. Ride in a straight line at least three feet from the curb to allow room to move around road hazards. Watch for cars entering from driveways.
- Use Lights at Night
Always use a strong white headlight and red taillight at night or when visibility is poor. Use bike reflectors and reflective clothing. See and be seen!

Welcome to Rhode Island!

Promoting bicycling as a healthy recreational activity and a viable commuting choice has made Rhode Island a leader in developing a statewide network of bike paths. This cycling guide is a testament to the progress we have made with the assistance of local bicycle and greenway advocacy organizations.

If you're cycling in the Ocean State for the first time, or are a return visitor, we encourage you to visit our Bike RI web link at <http://www.dot.state.ri.us/webtran/bikeri.html> to view current and future bikeway projects. For a Rhode Island Travel Guide visit <http://www.visitrhodeisland.com>.

Donald L. Carcieri
Governor

James R. Capaldi, P.E.
Director of Transportation

GUIDE TO CYCLING IN THE OCEAN STATE
2005 - 2006
Rhode Island Department of Transportation

